

FÉDÉRATION INTERNATIONALE DE GYMNASTIQUE



# Technical Regulations 2018



## Section 7 Special regulations for Parkour

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## **ART. 1 PRICIPLES FOR THE COMPETITION PROGRAMME**

### **Art. 1.1 Categories**

Competitions in Parkour comprise the following categories:

#### **Speed-run (PKS)**

A speed-run event consists of timed runs over an obstacle course.

- Men
- Women

#### **Freestyle (PKF)**

A freestyle event consists of athletes performing tricks within a determined time period on an obstacle course.

- Men
- Women

### **Art. 1.2 General Formats for official FIG competitions**

Competitions consist of Qualifications and Finals. The score from Qualification will not be carried forward. All runs, also within the different rounds of the Finals, start from 0 point.

#### **Speed-run**

##### ***Speed-run Qualifications***

The starting order for the first run of Qualification will be determined by a draw. An intermediate ranking list is established at the end of the first run.

The athletes may choose to have a second run. The starting order for this second (optional) run is determined by a draw.

For the athletes who have chosen to have a second run, the result of the second run only counts.

The final ranking list of the Qualification will be established at the end of the second run. In case of a tie at any place, the tie-breaking rules set out in art. 3.1 – Exception – apply.

##### ***Speed-run Final***

#### **Option 1: Knock-out competition format with “repêchage”**

The top eight athletes from the final ranking list of the Qualification participate in the Final.

In case of a tie at any place, the tie-breaking rules set out in art. 3.1 applies in all rounds.

Finals are held in 4 rounds of one run each in a knock-out competition format with “repêchage” as follows:

1<sup>st</sup> round:

The four pairs (8 athletes) are determined by a draw and a ranking list is established at the end of the 1<sup>st</sup> round.

2<sup>nd</sup> round:

The winners of the four pairs (4) plus the two fastest eliminated athletes (2) qualify for the second round which will be held with three pairs respecting their timing at the 1<sup>st</sup> round as follows:

1<sup>st</sup> pair: the 1<sup>st</sup> against 6<sup>th</sup>,

2<sup>nd</sup> pair: 2<sup>rd</sup> against 5<sup>th</sup>,

3<sup>rd</sup> pair: 3<sup>rd</sup> against 4<sup>th</sup>.

A ranking list is established at the end of the 2<sup>nd</sup> round.

### *3<sup>rd</sup> round:*

The winners of the three pairs (3 athletes) plus the fastest eliminated athlete (1) qualify for the 3<sup>rd</sup> round which will be held with two pairs respecting their timing at the second round as follows:

1<sup>st</sup> pair: the 1<sup>st</sup> against 4<sup>th</sup>

2<sup>nd</sup> pair: 2<sup>rd</sup> against 3<sup>rd</sup>

### *4<sup>th</sup> (final) round:*

The winners of the 2 pairs of the 3<sup>rd</sup> round (2) qualify for the final round.

### *Final ranking list:*

1<sup>st</sup> and 2<sup>nd</sup> are the two finalists (4<sup>th</sup> round).

3<sup>rd</sup> and 4<sup>th</sup> are determined based on their time at the 3<sup>rd</sup> round

5<sup>th</sup> and 6<sup>th</sup> are determined based on their time at the 2<sup>nd</sup> round

7<sup>th</sup> and 8<sup>th</sup> are determined based on their time at the 1<sup>st</sup> round

In case of 8 participants, the Qualification will not take place. The participation in finals is based on a draw.

In case of 7 participants, a Qualification will take place. The starting order is determined by a draw. The following round will be carried out according to the 2<sup>nd</sup> round of finals.

In case of 6 participants, the qualification will not take place. The starting order is determined by a draw. The following round will be carried out according to the 2<sup>nd</sup> round.

In case of 5 participants, a Qualification will take place. The starting order is determined by a draw. The following round will be carried out according to the 3<sup>rd</sup> round.

### **Option 2: Final with one timed run only**

The top eight athletes from the final ranking list of the Qualification participate in the Final.

In case of a tie at any place, the tie-breaking rules set out in art. 3.1 apply.

The Final is held in one single run.

The starting order is established based on the ranking after Qualification with the best athlete starting last.

## **Freestyle**

### ***Freestyle Qualifications***

The starting order for the first run of Qualification will be determined by a draw.

The runs of a maximum of 90 seconds, are judged based on the criteria defined in the Code of Points.

An intermediate ranking list is established at the end of the first run.

The athletes may choose to have a second run. The starting order for this second (optional) run is determined by a draw.

For the athletes who have chosen to have a second run, the result of the second run only counts.

The final ranking list of the Qualification will be established at the end of the second run.

In case of a tie at any place, the tie-breaking rules set out in art. 3.2 apply.

### ***Freestyle Finals***

#### **Option 1: Knock-out competition format with “repêchage”**

The top eight athletes from the final ranking list of the Qualification participate in the Final.

In case of a tie at any place, the tie-breaking rules set out in art. 3.2 apply in all rounds.

Finals are held in 4 rounds of one run each in a knock-out competition format with “repêchage” as follows:

1<sup>st</sup> round:

The four pairs (8 athletes) are determined by a draw. A ranking list is established at the end of the 1<sup>st</sup> round.

2<sup>nd</sup> round:

The winners of the four pairs (4) plus the two athletes with the highest score among the eliminated athletes (2) qualify for the second round which will be held with three pairs respecting the score obtained at the 1<sup>st</sup> round as follows:

1<sup>st</sup> pair: the 1<sup>st</sup> against 6<sup>th</sup>,  
2<sup>nd</sup> pair: 2<sup>rd</sup> against 5<sup>th</sup>,  
3<sup>rd</sup> pair: 3<sup>rd</sup> against 4<sup>th</sup>.

A ranking list is established at the end of the 2<sup>nd</sup> round.

3<sup>d</sup> round:

The winners of the three pairs (3 athletes) plus the athlete with the higher score of the eliminated athletes (1) qualify for the 3<sup>d</sup> round which will be held with two pairs respecting their score at the second round as follows:

1<sup>st</sup> pair: the 1<sup>st</sup> against 4<sup>th</sup>,  
2<sup>nd</sup> pair: 2<sup>rd</sup> against 3<sup>d</sup>

4<sup>th</sup> (final) round:

The winners of the 2 pairs of the 3<sup>rd</sup> round (2) qualify for the final round.

*Final ranking list:*

1<sup>st</sup> and 2<sup>nd</sup> are the two finalists (4<sup>th</sup> round).  
3<sup>rd</sup> and 4<sup>th</sup> are determined based on their score at the 3<sup>rd</sup> round  
5<sup>th</sup> and 6<sup>th</sup> are determined based on their score at the 2<sup>nd</sup> round  
7<sup>th</sup> and 8<sup>th</sup> are determined based on their score at the 1<sup>st</sup> round

In case of 8 participants, the Qualification will not take place. The participation in finals is based on a draw.

In case of 7 participants, a Qualification will take place. The starting order is determined by a draw. The following round will be carried out according to the 2<sup>nd</sup> round of finals.

In case of 6 participants, the qualification will not take place. The starting order is determined by a draw. The following round will be carried out according to the 2<sup>nd</sup> round.

In case of 5 participants, a Qualification will take place. The starting order is determined by a draw. The following round will be carried out according to the 3<sup>rd</sup> round.

### **Option 2: One single run in Finals**

The top eight athletes from the final ranking list of the Qualification participate in the Final.

In case of a tie at any place, the tie-breaking rules set out in art. 3.2 apply.

The Final is held in one single run.

The starting order is established based on the ranking after Qualification with the best athlete starting last.

### **All-around ranking**

Only competitors participating in both categories (speed run and freestyle) will be listed the all-around ranking. This ranking is determined by adding the rank obtained in each category at the Qualifications. The competitor with the lowest total of ranks is the winner.

### Art. 1.3 Work-shops and Educational Sessions

All Parkour competitions should include activities such as showcasing, open work-shops, educational sessions and practice opportunities for the young and young-at-heart and a wider public to develop Parkour and promote the sport.

## ART. 2 WORLD CHAMPIONSHIPS

The competition consists of Qualifications and Finals per category. See Art. 1.2, competition format option 1.

### Art. 2.1 General Layout of Programme

The general layout of the programme is elaborated and decided by the FIG Secretary General in close cooperation with the LOC and the FIG PK-C. The responsibility for the detailed competition and training schedule is with the PK-C President.

The World Championships include competitions in the following 4 categories and medal events:

- Speed-run men
- Speed-run women
- Freestyle men
- Freestyle women

Medals will also be awarded for:

- All-around ranking (speed-run and freestyle) men
- All-around ranking (speed-run and freestyle) women

### Programme (example)

Day 1	Day 2	Day 3
<u>Speed-run:</u> Qualifications (1 or 2 runs)	<u>Speed-run:</u> Finals men	<u>Speed-run:</u> Finals women
<u>Freestyle:</u> Qualifications (1 or 2 runs)	Medal Awards	Medal awards
Medal award for all-around ranking based on the results of qualification	<u>Freestyle:</u> Finals women	<u>Freestyle:</u> Finals men
	Medal Awards	Medal Awards

The programme is subject to change by the Parkour Commission depending on the number of entries and other circumstances. The duration will be decided by the Secretary General in consultation with the PK-C and the LOC.

### Art. 2.2 Rights of participation and size of delegations

All NFs in good standing are entitled to participate in all four categories (max. 2 per category) with a full team of 8 athletes.

The size of delegation is as follows:

	Speed-run		Freestyle		Total max.
	M	W	M	W	
Athletes	2	2	2	2	8
Head of delegation					1
Coach	1		1		2
Medical / Paramedical	1 - 2		1 - 2		2

For other delegation members, see FIG Accreditation rules.

### **Art. 2.3 Programme**

The Qualifications and the final are carried out according to the provisions mentioned in art. 1.

## **ART. 3 TIE BREAKING RULES**

### **Art. 3.1 Tie-breaking rules for the speed-run ranking**

Time is measured in 1/1000<sup>th</sup> of a second and shown in 1/100<sup>th</sup> of a second.

If there is a tie, the tie will be broken by using the next digit (1/1000<sup>th</sup> of a second).

If there is still a tie, the tie will not be broken.

#### ***Exception:***

To determine the starting order and the pairs in the Final, the ties must be broken by a draw.

### **Art. 3.2 Tie-breaking rules for the freestyle ranking**

In case of a tie in points at any place in Qualification and Finals, the ranking will be determined by the following criteria:

1. The higher score for Execution, Safety and Mastery
2. The higher score for Use of the course and Creativity
3. The higher score for Difficulty
4. The average of all judges' scores given for Execution, Safety and Mastery, without eliminating the highest and the lowest score
5. The average of all judges' scores given for Use of the course and Creativity, without eliminating the highest and the lowest score
6. The average of all judges' scores given for Difficulty, without eliminating the highest and the lowest score

If there is still a tie, the tie will not be broken.

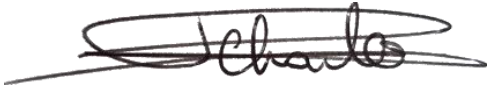
#### ***Exception:***

To determine the starting order and the pairs in the Final, the ties must be broken by a draw.

### **Art. 3.3 Tie-breaking rules for the overall ranking**

In case of a tie at any place, the athlete with the lower total time at the speed-run competition in Qualification prevails.

## **Fédération Internationale de Gymnastique**



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